



Annual Report 2023 – 2024

President Patt Gagliardi

District 9810 - Victoria - Australia

Chartered 27th. October 2004





PRESIDENT'S REPORT:

The 2023 - 2024 year at MASH has been a relatively quiet year. With the economy being down, the community have been finding it difficult. With his theme of 'Create hope in the world ' Gordon R. McInally President of Rotary International for 2023-24 has helped to inspire clubs and encourage people to volunteer.

MASH RC continue to encourage people to embrace the concept of volunteering.

I began my Rotary year 2023 - 2024 with a Changeover Dinner held at the Mercure Hotel in Doncaster. The dinner was attended by many Rotarians, DG, PDG's, Family & Friends. I would like to thank David for being MC for the evening and making this event a memorable evening for me and my Family and Friends. I would also like to express my sincere thanks and gratitude to Val Crees (MASH Vice President) who arranged the Changeover Dinner, decorated the venue and provided the exceptional flower arrangements for the tables. With Val's expertise the venue was transformed.

Two new members have joined MASH during the 2023 - 2024 year (we welcomed Sarah & Rachel). It has been refreshing to have some younger members join the club and commit to volunteering in our community.

I would like to thank my MASH Board members for their exceptional input and dedication throughout this year. Thank you to Val Crees (Vice President) Nigel Cooper (Treasurer), Richard Groom (Secretary), Tak Ooka MASH member and Anne Teese Past President). Having supportive members makes the position of President so much easier and for this I am grateful. The knowledge and assistance from everyone has been invaluable to me.

2.

I would like to take this opportunity to thank Anne (President 2022 - 2023) and say welcome to 2024 - 2025 Co-Presidents Nigel Cooper & Rob Teese. A big Thank You to all MASH members for their input throughout the year, especially those members who have continued to volunteer almost every Saturday morning at the Hamilton Street Sausage Sizzle. Our Tongmasters Graeme & Rob and also Nigel, deserve a special mention as without their continued support the Sausage Sizzle would not be the successful fundraiser that it is. I would also like to extend a huge Thank You to Colin Creeves (Friend of MASH) for his support and continued volunteering at MASH events. I am sure I speak for the club when I say his support has been greatly appreciated.

MEETINGS:

MASH RC meet on the first and third Tuesdays of the month at Box Hill Institute.

This comprises a Club Business meeting and Richard's Quiz on the first Tuesday. The quiz is always a bit of fun and is eagerly participated in. Richard researches questions and asks three questions for the quiz. (He has a tie-breaker question available in the event of a tie). In May for the first time ever, I got all three questions correct, only to lose out on the tie-breaker. On the third Tuesday of the month, we have interesting guest speakers. Thank you to Anne for organising the guest speakers this year.

The speakers were:

- 18 July Jeffery Pang - Hearing & brain health
- 8 Aug Primary School Speech Competition
- 15 Aug Alice Terrill - RYLA/Stem & Matthew Gibney RYLA & Susan from Star of the South
- 5 Sept District Governor Visit to club
- 19 Sept RYDA - Anton Hockey (Road Safety Education Limited & Bob Williams (RC of Nunawading)
- 17 Oct PSSC Finalists & Koonung Secondary College students from Alpine School

3.

21 Nov Jordan Vella, Research PhD, Lift the Lid Walk & Selina Team Med Nepal

20 Feb Visit to Greenlink Nursery

19 March Noel Lythgo (Director of Rehabilitation Pressure-cast Prosthesis Project) & Christian Doerig

16 April Club visit to Disaster Aid

21 May Tom Mason - body language

18 June Combined meeting with Box Hill-Burwood (Proactive Policing)

The MASH Board continue to meet bi-monthly on the 4th. Tuesday.

The Whitehorse Farmers Market, is held on the second Sunday each month and members volunteer for varied market duties. Special thanks to Nigel (and recently Graeme) who get up whilst it is still dark... to set-up the market at 6am.

MASH also has the Hamilton Street Sausage Sizzle outside BreadStreet Bakery every Saturday morning.

Up until March MASH operated the Mont Albert Market and members volunteered on the gate and at our Egg & Bacon / Sausage Sizzle stall. During 2023, due to continuous disruptions with the Surrey Hills / Mont Albert level crossing removals and the building of the new Union Railway Station, this caused major problems with the operation of the market. The market was unable to recover from these disruptions and regrettably the market has now been discontinued.



4.

Other projects have been taking place - Lift the Lid being our major fundraiser this year. We have also supported many other projects in 2023 - 2024. See the Financial Report for project details.

Office Bearers 2023-2024

Board Members

Immediate Past President - Anne Teese

Co-President Elects - Nigel Cooper & Rob Teese

Secretary Richard Groom

Treasurer Nigel Cooper

Board Member - Tak Ooka

Service Co-ordinators

International Nigel Cooper / Tak Ooka

Youth Services Rob Teese

Fundraising David Winter

Membership Kai-Xing Goh

Community Val Crees

Other roles

On the Radar Editor Patt Gagliardi

Guest Speakers Anne Teese

Website Richard Groom, Rob Teese

Social Media Rob Teese, David Winter

Certificates of Appreciation Alex Starr

Foundation Richard Groom

Whitehorse Farmers Market Patt Gagliardi

Mont Albert Market David Winter, Patt Gagliardi

5.

Tongmaster's Graeme Battersby, Rob Teese, Nigel Cooper

Peace Poles Project Richard Groom

Interact Liaison and Co-ordinators Joe Somers, Nigel Cooper

Hybrid Meeting Technology Rob Teese, Murray Nielsen

ANZAC Day Committee Val Crees, Joe Somers, Graeme Battersby

International Women's Day Breakfast Val Crees, Kai-Xing Goh

Club Operations

Fundraising Co-ordinator David Winter

The weekly Hamilton Street Sausage Sizzles continued and this year should continue to be a profitable fundraiser. Thanks to David and BreadStreet for the very generous donation of bread, eggs and onions each week. Without this, our profit margins for fundraising would be considerably lower.

The Whitehorse Farmers market each month continues to be a good fundraiser for the club.

The Fruit Mince Pies fundraiser was scaled down this year, however it still proved to be successful. MASH Members assisted with baking, packing and selling again this year.

Once again we have to thank David for his generous help and support for this project.



6.

The Mont Albert Market which commenced in August 2022 had many setbacks due to the train level crossing removals. Although MASH felt the market could be a success and a profitable fundraiser, it was unable to recover from the disruptions and find stallholders to continue the market into the 2024 - 2025 year.

Lift the Lid Walk for Mental Health



Event: Lift the Lid Walk for Mental Health 2024

Host: Rotary Club Mont Albert & Surrey Hills

Location: Gardiners Creek Reserve Burwood (Starting at Deakin University Oval)

Date: Sunday 17th February 2024

Time: 10am-1pm

The Rotary Club Mont Albert & Surrey Hills hosted the Lift the Lid Walk for Mental Health for the 4th year running in 2024. Participants are able to choose between a 3km, 6km, 9km walk around Gardiners Creek Reserve in Burwood, starting at Deakin University. There is food and coffee available & raffle prizes. There are some AFL activities around the walk (these activities are optional and participants may choose to skip them and keep walking.) Rotarians and friends volunteer, which means that all funds raised go directly toward Mental Health Research. This event has made a PhD scholarship possible. The scholarship has currently been awarded to a Monash University student. He will spend the next 3.5 years researching the Risk-Protective Factors for the mental health of retired elite athletes.

7.

Marketing and Public Relations

The website and Facebook continue to have regular postings. Thanks to Rob Teese, Richard Groom and David Winter

On the Radar Newsletter is published as a fortnightly publication.

Social

In October we had a very enjoyable dinner at China Wei Restaurant in Surrey Hills, for the club's 19th birthday.

Membership - Co-ordinator Kai-Xing Goh

We welcomed two new members this year Sarah Power and Rachel Brooke.

As at 30 June 2024 there are 18 members.

Club Service

Community - Co-ordinator Val Crees

MASH continues to support the Surrey Hills ANZAC Day Dawn Service held in Surrey Gardens. The Surrey Hills and Mont Albert Progress Association and the Surrey Hills Historical Association were also involved. Val Crees, Joe Somers, and Graeme Battersby represented MASH on the committee.



8.

International Women's Day - Wednesday 13th March - Patt, Val, Anne, Barb and Alex attended this breakfast and MASH again sponsored a teacher and 3 students from Koonung Secondary College to attend.



International Projects - Co-ordinators Nigel Cooper / Tak Ooka

This year, we supported two international projects in Nepal. Although Nepal's poverty situation is improving, it remains significant. The key causes of poverty include a lack of education, caste discrimination, inadequate infrastructure, and limited employment opportunities, especially for women and youth. Poverty-stricken households face challenges such as poor housing conditions and reliance on seasonal labor. Additionally, healthcare issues are severe, with many unable to afford medical treatment and public hospitals lacking essential equipment and facilities. Efforts to combat poverty and improve healthcare involve international aid, NGO initiatives, and community projects. Sustainable economic growth and addressing systemic issues are crucial for long-term solutions.

TeamMed Nepal

TeamMed is a student-run organization at Monash University's medical school that aims to address global health inequities. It provides students with opportunities to engage in local and international health initiatives, fostering a passion for global health through meaningful contributions.

From December 1st to 14th, 2023, an 11-member team conducted a humanitarian mission in Nepal, marking the first trip since the COVID-19 pandemic. The mission's primary activity was a 4-day Free Health Camp in Bhakanje, near Mt. Everest, where they treated 282 patients ranging in age from 3 to 99. Many patients walked for hours to receive medical care, highlighting the significance of our presence in the region.

9.



Empowering Women through Goat Farming

In 2023, we completed the "Empowering Women through Goat Farming" project in Nepal, funded by a \$3,576 District Grant matched by D9810. This initiative provided women with one male and forty female goats, enhancing their income and independence.

With high demand for goat meat in Nepal, this project aims to reduce reliance on imports from India. Goats can produce 2 to 4 offspring every 150 days, allowing for sustainable growth. This empowers women, boosts their economic status, and strengthens local communities by fostering economic growth.

Youth - Co-ordinator Rob Teese

This year we continued with a number of our youth programs.

Primary School Speech Competition

Thanks to Barb who led a team to hold a successful competition in August. The speeches were again of a very high quality - especially given the age of the participants. The winner Eric went on to the district competition and competed very well.

10.



Primary School Literacy Grants - disappointingly only 2 schools took up this offer and the grants will be reviewed next year.

Box Hill Institute Scholarships - we had received 5 applications at time of writing, and these were being considered by Val and Alex.

Koonung Interact - Nigel, Joe and past member Gill have continued to attend meetings and give support to this enthusiastic group of secondary students.

Koonung Secondary College students have again received sponsorship to attend the Alpine School and The Science Experience.

Defying the Drift - MASH again sponsored the Defying the Drift Program (started by Rotarians at Rotary Club of Beaufort). It is a 3 day live in program for 16-18-year-old students providing them with options for staying in a rural location, personal development and the opportunity to connect with their peers. Graeme Battersby and Richard Groom attended the program dinner at Longerenong College, Horsham and were once again inspired by the enthusiasm of the participants.

Whitehorse Rotaract - MASH have a great relationship with the club. We have sponsored Alice Terrill as a leader and Kalyan as a participant to attend RYLA this year.

Both Rotaractors and Interactors helped at the Lift the Lid Walk for Mental Health in February. A number of MASH members also attended the Rotaract Giant Monopoly Night.

Foundation - Co-ordinator Richard Groom

We completed a District Grant costing our club \$3576 which D9810 matched. This project entitled Empowering Women through Goat Farming, provided some women in Nepal with a male goat and 40 female goats and thus the opportunity to improve their income and gain a measure of independence.

11.

Goat meat is in high demand in the Nepali market and Nepal often imports many bucks from India for meat. There is no shortage of market for goat or buck meat

in Nepal and villagers can easily sell their offspring for meat or farming.

With an incubation period of 150 days, one goat can give between 2 to 4 kids - thus it is possible to have more in a year.



Sponsors and Supporters

Thank you to our sponsors and supporters, without whose generosity and assistance over recent years

we would not have been able to successfully run our activities and projects.

Sponsors and supporters and Program supported

Bendigo Community Bank - Provision of sponsorship of projects - Lift the Lid W

Box Hill Institute - Provision of room at Nelson Road campus for MASH

fortnightly meetings

Bread Street Bakery - Provision of mince pies, supply of bread, eggs and onions for our Sausage Sizzles and Mont Albert Market

City of Whitehorse - Venue for Whitehorse Farmers' Market and use of Box

Hill Town Hall for the International Women's Day

Eastsider News - Publishing articles and notices concerning MASH.\

Mont Albert Primary School - Provision of venue for Primary Schools Speech Competition

Ross Hunt Real Estate - Supply of Real Estate boards for Mont Albert Market.

Sponsorship for Lift the Lid Walk for Mental Health

12.

Rotary Club of North Balwyn - Support of Lift the Lid Walk for Mental Health
Rotary Cluster Clubs in Whitehorse - For ongoing commitment and support in
the running of the Whitehorse Farmers' Market and other projects as they
arise.

Surrey Hills Historical Association - Supporter of the ANZAC Day Dawn
Service

Surrey Hills Neighbourhood Centre - Allowing advertising board to be erected
for the Surrey Hills ANZAC Day Dawn Service, Contribution to SHNC News
Surrey Hills & Mont Albert Progress Association

1st Mont Albert Scout Group

For generously allowing MASH to use part of their outdoor space for our club's
container storage facility

MASH FINANCIAL REPORT FOR THE YEAR TO 30TH JUNE 2024

The summary below shows that we have had another successful year financially
with funds on hand (Fundraising and Whitehorse Farmers Market) totalling
\$29,595 compared to \$32,068 in the previous year.

From these funds we have approved commitments of \$8,400, leaving free funds
for expenditure of \$21,195.

During the year we donated \$43,264, compared to \$44,557 last year.

Summary of our Income and Expenditure:

	Admin	Fundraising	WFM	Totals
Balances 1/7/23	\$12,059.31	\$18,080.97	\$13,986.90	\$ 44,127.18
Income for year	\$ 6,418.00	\$42,939.74	\$ 6,200.50	\$ 55,558.24
Sub Total	\$18,477.31	\$61,020.71	\$20,187.40	\$ 99,685.42
Expenditure for year	\$ 7,159.66	\$43,391.50	\$ 8,221.00	\$ 58,772.16
Balances 30/6/24	\$11,317.65	\$17,629.21	\$11,966.40	\$ 40,913.26

Comment

Despite our endeavours to reduce funds on hand from previous years, we still
have a substantial surplus of funds on hand which forms a sound base for
financing new projects next year. The Board also recognises that apart from a
small reserve, surplus funds unspent sitting in a bank account do nothing for the
advancement of Rotary's objectives to improve humanity and we will continue to
seek worthwhile projects to support and expend funds on.

13.

Of particular note this year was the completion of our third year of raising funds for Australian Rotary Health "Lift the Lid" and we successfully met our target of donating \$42,000 towards the study of mental health.

In summary this is a fantastic result for a small club which continues to be a hard-working and successful team at raising funds. All members should be proud of their efforts in contributing to helping the various organisations we have supported.

Below are details of funds donated to projects/activities during the year:

Alma Doepel	\$ 1,000
Australian Rotary Health (LTL)	\$ 5,736
Box Hill Institute Scholarship	\$ 2,000
Defying the Drift	\$ 1,000
Disaster Aid	\$ 2,000
Donations in Kind	\$ 1,000
International Women's Day	\$ 270
Interplast	\$ 1,000
Koonung Secondary College	\$ 409
Koonung Interact Club- badges	\$ 853
Mont Albert Village gardening group	\$ 3,000
Mitcham Community meals	\$ 800
Mont Albert Scouts	\$ 500
Nepal Goat project	\$ 7,266
Polio Now Eradication	\$ 3,500
Primary Speech Comp	\$ 772
Rotaract - Singapore conference	\$ 500
Rotarians Against Malaria	\$ 500
Rotarians Overseas Medical Aid	\$ 1,000
RYLA Sponsorship	\$ 2,600
Surrey Hills Football Club	\$ 2,000
The Rotary Foundation	\$ 3,040
Total	\$40,746

14.

We raised \$6,200 (LY\$6,911) from the Whitehorse Farmers Market and withdrew \$8,221 from this account to support community organisations such as Box Hill Scholarships, the Primary School Speech Competition, Mont Albert Scouts and Surrey Park Football Club. The balance in the WFM account of nearly \$12,000 remains very healthy and it is recommended that we continue to seek other avenues of community service for the use of these funds.

A summary of Income and Expenditure in the Administration and Fundraising accounts is as follows:

Administration account

Income

Membership fees	\$ 5,453
Centurion donations	\$ 900
Sundry	\$ 65

Total **\$ 6,418**

Expenditure

RI Dues	\$ 2,268
District levies	\$ 2,061
Rotary Downunder	\$ 698
Centurion remittance	\$ 700
Website/Internet	\$ 465
New member expenses	\$
324Constitution/CAV/	
Food act	\$ 330
Sundry	\$ 314
Total	\$ 7,160

Fundraising account

Income

Raffle	\$ 1,512
Mont Albert market	\$ 3,427
Collection tins	\$ 1,120
Lift the Lid	\$ 9,819
Mince Pies	\$ 4,984
District Grant - Nepal Goats	\$ 3,586
Sausage sizzles Hamilton St	\$ 8,268
Sporting club donations	\$ 700
WFM income transferred	\$ 8,221
Koonung Secondary donation	\$ 1,300
Sundry	\$ 3

Total **\$42,940**

Expenditure

Donations as per list above	\$ 40,746
MA Market	\$ 342
Lift the Lid	\$ 712
Mince Pies	\$ 1,579
Sundry	\$ 13

Total **\$43,392**

15.

Membership of the Club as at 30 June 2024 - including 4 Charter Members

Graeme Battersby Charter Member

Rachel Brooke 2024

Nigel Cooper August 2007 Past President 2014-15

Val Crees June 2017 Past President 2020-21

Patt Gagliardi February 2015

Barb Gay August 2018

Kai-Xing Goh July 2019

Richard Groom May 2014

Murray Neilson Charter Member

Tak Ooka December 2022

Sarah Power 2024

Joseph Somers Charter Member Past President 2010-11, 2021-2022

Alex Starr March 2013

Anne Teese May 2006 Past President 2019-20, President 2022-23

Robert Teese May 2006 Past President 2016-17

Michael Willis April 2005 Past President RC of Burwood 2004-05

Past President MASH 2007-08

David Winter Charter Member Past President 2015-16, 2021-2022

16.

Club Presidents

2004-05 Phillip Pearson (Charter President)

2005-06 Leonie Moran

2006-07 Ern Hermeler

2007-08 Michael Willis

2008-09 Roger Coburn

2009-10 Shia Smart

2010-11 Joe Somers

2011-12 Tony Kuc

2012-13 Jenny Coburn

2013-14 Annette Kiernan (resigned December 2013), Tony Kuc - Acting President

2014-15 Nigel Cooper

2015-16 David Winter

2016-17 Rob Teese

2017-18 Jan Cook

2018-19 Nicole Osner

2019-20 Anne Teese

2020-21 Val Crees

2021-22 David Winter

2022-23 Co-Presidents Joe Somers & David Winter till 30/9/22

Then Anne Teese October - June 2023

2023 - 24 Patt Gagliardi

17.

Paul Harris Fellow (PHF) Recognitions

MASH Members and Past Members

Name	Level	Year(s)
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Geraldine Battersby PHF 2007-08

Graeme Battersby PHF & 4 Sapphires 2007-08, 2012-13, 2014-15, 2017-18, 2022-23

Kevin Chewlun PHF 2006-07

Jennifer Coburn PHF & Ruby 2008-09, 2012-13 RC MASH, Box Hill Central & District 9810

Roger Coburn PHF & 3 Sapphires 2004-05, 2006-07, 2012-13

Jan Cook PHF 2016-17

Nigel Cooper PHF & 4 Sapphires 2010-11, 2014-15, 2016-17, 2019-20, 2020-21

Michael Crichton PHF 2011-12

Val Crees PHF & 1 Sapphire 2018-19, 2022-23

Kay Dunn PHF 2014-15

Patt Gagliardi PHF & 1 Sapphire 2015-16, 2022-23

Anita Galileos PHF & Sapphire 2010-11, 2012-13

Barb Gay PHF 2022-23

Richard Groom PHF & 4 Sapphires 1997-98, 2001-02, 2005-06 (RC Hawthorn), 2015-16, 2018-19

Ern Hermeler PHF & Sapphire 2007-08, 2012-13

Annette Kiernan PHF & Sapphire 2011-12, 2012-13

Rosemary Knight PHF 2010-11

Tony Kuc PHF & Sapphire 2011-12, 2013-14

Marilyn Lambert PHF 2008-09

Shane Milroy PHF 2010-11

Greg Moran PHF 2006-07

18.

Leonie Moran PHF & Sapphire 2006-07, 2009-10

Murray Neilson PHF 2012-13

Nicole Osner PHF & 3 Sapphires 2004-05 (RC Burwood), 2008-09, 2011-12, 2013-14

Phillip Pearson PHF & Sapphire 2008-09, 2015-16

Robyn Pearson PHF & 4 Sapphires 2005-06, 2011-12, 2012-13, 2014-15, 2015-16

Shia Smart PHF & 2 Sapphires 2010-11, 2013-14, 2015-16

Gillian Somers PHF & 2 Sapphires 2009-10, 2013-14, 2016-17

Joseph Somers PHF & Ruby 2009-10, 2013-14, 2015-16, 2016-17, 2016-17
(District

9810), 2017-18, 2022-23

Alex Starr PHF & Sapphire 2017-18, 2020-21

Robert Stamp PHF & Sapphire 2013-14, 2016-17

Anne Teese PHF & 4 Sapphires 2009-10, 2013-14, 2015-16, 2017-18, 2021-22

Rob Teese PHF & 3 Sapphires 2009-10, 2011-12, 2014-15, 2019-20

Jill Turner PHF 2014-15

Michael Willis PHF & 3 Sapphires 2006-07, 2010-11 (District 9810), 2012-13
(RC Alice Springs), 2018-19

David Winter PHF & 5 Sapphires 2004-05, 2006-07, 2007-08, 2012-13,
2018-19, 2020-21